



# Participant Path Executive Guidebook

---



Advanced Strategies to Maximize Your Retirement  
Plan, Reduce Taxes, and Protect Wealth

# Introduction

As a corporate executive or senior leader, your financial picture is more complex than the average plan participant. High income, stock-based compensation, and multiple savings vehicles create both opportunity and risk.

This guide focuses on strategies that go beyond the basics to help you manage wealth during your accumulation years, reduce taxes, and integrate retirement planning with estate and legacy goals. Plan Participant serves as your wingman to ensure your plan works seamlessly within your broader financial life.

## 1. The Executive Retirement Landscape

Executives often face challenges and opportunities that differ from the average employee:



Contribution caps that limit deferrals into qualified plans.



Concentration in company stock, stock options, and RSUs.



Exposure to higher tax brackets, including potential exposure to the Net Investment Income Tax (NIIT).



Complex benefit structures, including deferred compensation plans and SERPs.

Understanding how these elements fit together is key to maximizing long-term outcomes.

## 2. Maximizing Retirement Plan Contributions

Even for high earners, your workplace retirement plan remains a cornerstone of tax-efficient savings.



Max contributions: \$23,000 plus \$7,500 catch-up if age 50 or older.



Consider after-tax contributions and in-plan Roth conversions if your plan allows.



Evaluate deferral elections between 401(k), deferred compensation, and equity-based plans for tax diversification.



Use Roth and Traditional in tandem to balance current deductions with future tax-free withdrawals.

## 3. Tax Planning Strategies for Executives

High incomes demand intentional tax management. Consider:



Tax Diversification: Spread assets across taxable, tax-deferred, and tax-free accounts.



Roth Conversions: Take advantage of low-income years (such as between jobs or pre-retirement) to convert.



Charitable Strategies: Donor-Advised Funds (DAFs), charitable trusts, or direct gifting of appreciated stock.



**Capital Gains Management:** Use tax-loss harvesting to offset gains, especially from RSU or option exercises.



**Executive Compensation Timing:** Align stock option exercises with years of lower marginal tax rates.

## 4. Leveraging Insurance for Tax-Free Growth

When contribution caps limit retirement savings, insurance-based strategies can supplement tax-advantaged growth.

### Variable Universal Life (VUL) as a Roth Alternative



VUL policies allow contributions beyond retirement plan limits.



Growth inside the policy is tax-deferred, and loans or withdrawals can be structured to be income-tax-free, functioning similarly to a Roth account.



Policyholders can allocate premiums into investment subaccounts that mirror mutual funds.



Unlike qualified plans, there are no contribution caps or required minimum distributions (RMDs).

### Strategic Benefits for Executives:



Create an additional “Roth-like” bucket when income is too high for direct Roth contributions.



Build supplemental retirement income that does not add to taxable income in retirement.



Provide death benefit protection that doubles as an estate and wealth transfer tool.



Use as a hedge against future tax increases by building tax-free liquidity.

## 5. Estate Planning Integration

Your retirement accounts and insurance policies must be coordinated with your estate plan:



**Beneficiary Designations:** Align with trusts and estate documents.



**Trust Integration:** Use insurance trusts to keep proceeds outside the taxable estate.



**Wealth Transfer:** Roth accounts and life insurance are powerful for multigenerational planning.



**Charitable Integration:** Combine retirement assets and insurance in legacy giving strategies.

## 6. Managing Concentrated Stock

Executives often accumulate large positions in company stock. This creates both wealth and risk. Strategies include:



**10b5-1 Trading Plans:** Automate sales to reduce concentration risk.



Collars and Options Strategies: Hedge downside risk.



Charitable Remainder Trusts (CRTs): Reduce concentration and generate income with tax advantages.



Gradual Diversification: Redeploy proceeds into tax-efficient vehicles such as VUL or Roth accounts.

## 7. Coordinating Across Plans

Executives often have multiple retirement and savings accounts. Best practices include:



Consolidating old accounts into a coordinated strategy.



Aligning 401(k), IRA, deferred comp, and brokerage portfolios.



Monitoring cash flow needs alongside equity vesting schedules.



Leveraging advanced plan features such as BrokerageLink or TSP Mutual Fund Window when the menu is insufficient.

## 8. Advanced Withdrawal Planning

Retirement readiness requires a plan for distributions:



Withdrawal Sequencing: Which accounts to tap first.



Tax Smoothing: Withdraw strategically to avoid bracket spikes.



Roth Laddering: Converting over multiple years to reduce RMD impact.



Charitable Distributions: Use Qualified Charitable Distributions (QCDs) to satisfy RMDs tax-free after age 70½.



Insurance Loans: Supplement withdrawals with tax-free policy loans from a VUL to manage taxable income.

## 9. Why Plan Participant

Plan Participant acts as your wingman through the complexity of executive-level retirement planning. We help you:



Integrate retirement accounts, insurance strategies, and estate planning.



Evaluate the interplay between stock compensation, retirement savings, and charitable strategies.



Protect your legacy with coordinated estate planning that keeps your family's future secure.



Optimize tax efficiency during your highest earning years and into retirement.

Our role is not just to manage accounts but to help you steward your wealth with precision and foresight.

# Conclusion

As an executive, you have more tools and opportunities than the average participant, but also more complexity. Your success depends on balancing growth, taxes, insurance, and legacy in a way that fits your unique situation.

Plan Participant is your wingman, helping you navigate advanced strategies, protect wealth, and ensure your retirement journey is aligned with your long-term vision.

## Take the Next Step on Your Path

You have the knowledge. Now it is time to take action.

The difference between information and transformation is having a trusted partner by your side. At Plan Participant, we believe every participant deserves a personal financial copilot, someone who helps you navigate the complexities of saving, investing, tax planning, and legacy building.

Here is what you receive when you begin your journey with Plan Participant:

- A personalized financial plan tailored to your unique goals and circumstances
- Guidance to maximize your retirement plan and reduce taxes along the way
- Support integrating estate, insurance, and investment strategies into one clear roadmap
- A dedicated coach who keeps you accountable and on track during your accumulation years and beyond

Your financial journey does not have to be traveled alone.

Start today with your free consultation and discover how Plan Participant can be your copilot on the path to building wealth, protecting your future, and achieving financial freedom.



## Disclosures

This guide is for educational purposes only. It is not investment, tax, or legal advice. Plan Participant is not a registered investment adviser, broker-dealer, or fiduciary. Please consult a licensed financial advisor, tax advisor, or attorney before making any financial decisions.



## Have More Questions? Ask Henri.

Henri stands for Helping Everyone Navigate Retirement Insights. Henri is your educational guide here to simplify complex retirement topics and point you toward the right resources.

Reminder: Henri provides education only, not investment, tax, or legal advice. For personalized recommendations, we can connect you with a licensed professional in our network.



# Participant Path Executive Guidebook